

AMC NURSING HOME NEWS

701.288.3433

PO Box 450, Ashley ND

March/April 2019

HAPPY BIRTHDAY

Resident Birthdays

Lorraine Lang	3/13
Annetta Heinrich	4/6
Monte Bertsch	4/11
Lester Lang	4/13
Alma Kappes	4/24

SOCIAL SERVICES SCOOP

What a whirlwind of a month we've had here at AMC! We have been through an experience that most facilities never have to go through, but we are settled into our "new normal" and are back to our day-to-day operations here. A huge THANK YOU to the many volunteers, employees, and citizens of Ashley who stepped up in our time of need and assisted us to get all of the residents safely evacuated and to their temporary locations. It shows what an amazing community we have here in Ashley and how selfless everyone becomes in a crisis. The residents have all said how happy they are to be home and how glad they are that thing turned out as well as they did.

During that crazy week we also were visited by the State Health Department for our annual survey (just our luck right?!). We had a great team of surveyors who were easy to work with and had one of the most successful surveys we've had in recent years! We received only four deficiencies which were all minor and easy to address and fix. If you would like to see the results of the survey and deficiencies addressed you can find them posted at the nurse's station. A big "hats off" to the AMC staff for all of the hard work they do day-in and day-out which made our survey a success!

There are a couple bits of business that need to be addressed for this edition of our newsletter. We have recently audited the personal belongings of each resident to ensure that all residents have what they need. We have noticed that many of our female residents are in need of their own electric razors or facial hair trimmers. These can be found almost anywhere, Wal-Mart, Target or Amazon and are very affordable. If your loved one is in need of one of these items we will let you know so these can be purchased. As always, we appreciate those of you who are so willing to help make sure that the residents have what they need and are not going without anything!

Also, with the New Year came changes to many resident insurance plans. If you have received a new insurance card or prescription drug card for your loved one in the SNF please send or bring a copy of that information to staff so that we can update the resident's chart and insurance information for billing purposes. We also are looking out for the newly-updated Social Security cards for our residents as well. We have received some, but many have not yet. This

may take until April for all new cards to be issued, but if you received a new one, please inform the staff so we may update the chart.

If you have any questions or concerns related to Social Services please let us know so we can address them as they come up! Thank you for all you do and here's to hoping that winter leaves us soon! I think we all miss green grass and fresh air!

~Tia Kiefer, LSW & Virginia Kaseman, SSD~

Activity Avenue

Greetings from the Activity Department of AMC! Needless to say everyone's schedule turned upside down with the fire event that occurred at AMC on Feb. 12th. We can be ever so thankful that everything turned out as well as it did. No one was injured either during the evacuation or by smoke inhalation and there was no loss of life as a result of the fire. All of our residents were well cared for in the 7 healthcare facilities in the region that opened their doors to help us in our hour of great need. We're also thankful for that. We considered it a "vacation" for our residents and upon returning asked them, "Well, how was your vacation?" We resumed our activity schedule on Feb. 18th and held our Valentine Party one week later than originally scheduled with Victor and Barbara Wald entertaining as had been planned. As we reached the end of February, we planned a trip to the school to the Science Fair to see the projects and visit with the students about their findings. As we look forward into March, we're hoping for warmer temperatures and an end to heavy snowfalls. We held our annual Ash Wednesday service on March 6th which kicks off the pre-Easter season and also gives a hint of Spring! Also in March we begin to plan for the Senior Olympics in May and begin practicing for that fun event. Rounding out the month will be a Cooking Group meal when 6 of 8 residents are treated to a meal not on the regular menu and the ever-popular Happy Hour when we have treats familiar to our German-Russian culture. So, keep warm and think Spring! Winter never lasts longer than ____ months! Hey, it's anybody's guess!

-Charles Dockter, Heidi Beach, Shirley Thurn, Sharron Meidinger-

Business Office News Bytes

Thank you to the following friends and families of AMC for the donations and memorials made in honor of loved ones!

Memorials in Honor Of

Sandra Gjerde
Wilbert Ulrich

Donations

Joan Froh
Steve & Denise Kost
Mark Vossler
January 2019 Employee Jeans Day

McIntosh County Bank Donations

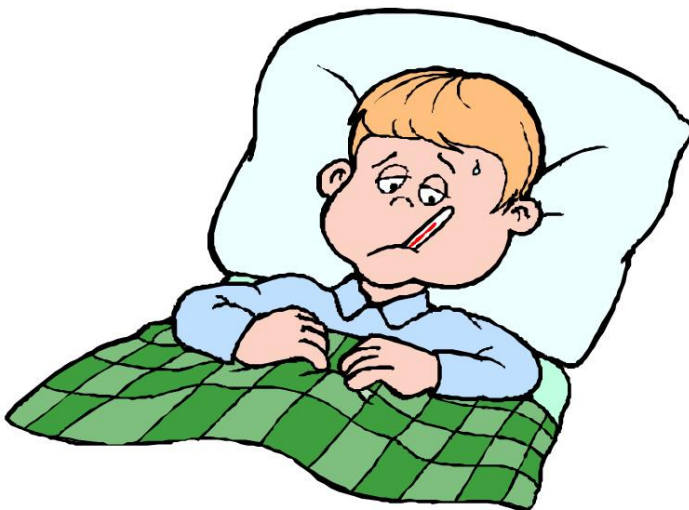
Wilbert Ulrich
Landina Meidinger
Paul Klebs
Otto Rasch
Arlene Schaeffer
Norm Merkel

Your continued support means a lot to us! Thank you to all who donate to Ashley Medical Center!

Remember to utilize Amazon Smiles and contribute to Ashley Medical Center. Your contributions help us to serve the public to our best ability!

~Mary Lehr, Rhonda Piatz, Marisa Meidinger & Sue Goettle~


CLINIC CONNECTION





FIGHT THE FLU


Influenza is Here!


FLU PREVENTION TIPS

 Wash your hands often. This will help protect you and others against germs. When soap and water are not available, use alcohol-based disposable hand wash or gel sanitizers.

 When coughing or sneezing, cover your mouth and nose with a tissue. If you don't have a tissue, cough or sneeze into your sleeve, not your hands.

 Avoid close contact with people who are sick.

 If you are sick, stay home and away from other people as much as possible, to protect them from getting sick as well; get plenty of rest and check with your doctor.

 Get an annual flu shot.

Stay Healthy This Flu Season!

~AMC Clinic~

Heartfelt Thanks!

The Ashley Medical Center extends our heartfelt thanks to everyone who assisted during our fire emergency. The local community support shown to our facility was tremendous. This is the perfect example of why rural communities are so special. The Ashley Medical Center is fully operational again and we are grateful to everyone who helped during our time of need. We appreciate the ongoing support!

AMC Employees

Holly Wolff
Aldora Heil
Ali Tottingham
Ashley Melom
Barb Schlenker
Barbara Goettle
Bethany Johnson
Calina Merkel
Candace Fischer
Cathy Lippert
Cindy Martel
Clarence Gilstad
Connie Schumacher
Cordell Mellegard
Dan Kloster
Debbie Overstreet
Emilie Heupel
Hannah Wishek
Heidi Beach
Heidi Wells
Holly Meidinger
Idella Fey
Isabella Anderson
Jackie Klipfel
Jane Haase
Judy Thiery
Karen Mosset
Karen Robinson
Kimmy Necesario
Larry Meidinger
Laura Fuchs
Laurie Kloster
Lisa Gilstad
Lisa St. Aubin

Marissa Meidinger
Marrietta Kappas
Mary Schlepp
Michelle Schumacher
Mike Pfeifle
Missy Bertsch
Pam Geiszler
Rhonda Platz
Robert Waelhof
Rodney Meidinger
Roger Nitschke
Sharron Meidinger
Shirley Thurn
Stacey Lear
Sue Goettle
Taunya Heil
Tia Kiefer
Virginia Kaseman
Wanda Speidel
Charles Dockter
Kayla Bubach
Sherri Iszler
Mike Van Horn
Denny Hoffman
Jeremy St. Aubin
Linda Pfeifle
Dawn Huffman
Clarence Gilstad
Eric Heupel
Lucy Meidinger

Volunteers

Neil Meidinger-- McIntosh
County Disaster Manager
Jason Schmidt

Lucas Moldenhauer
Don Paulsrud
Jim Heupel
Bruce Speidel
Ashley Public School
Ashley Fire Department
Ashley Ambulance
Shawn Goehring –MDU
Wishek Ambulance
Sheriff Spitzer
Deputy Monk
Eric Schmidt -- Game and Fish
Andrew Dalgren – Game and Fish
Stanley Schnabel
Haley Gilstad
Angela Bertsch
Hospice of the Red River Valley
Rev. David Irwin
Doug Fuchs
Bruce Smith
Donna Heupel
Melonie Jenner
Paul Miller
Wayne Kaseman

Board Members

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Kristie Schnabel
Brenda Meyers
Candi Nies
Jean Schnabel
Tony Neu

*Darwin Golz
Michael Schlepp
Conner Monk*

Businesses

*McIntosh County Bank
Hometown Credit Union
The Roost
Ashley Inn
Northern Plains Cenex
Arrow Cleaners*

Facilities

*Wishek Community
Hospital
Wishek Living Center
Strasburg Nursing Home
St. Rose Care Center –
Lamoure
Prince of Peace Care
Center – Ellendale
Good Samaritan Center –
Oakes*

Napoleon Care Center

Other support

*Angie Sviheovec, CHI St.
Alexius
ND Long Term Care Assoc.
ND Hospital Association
Vaaler Insurance
ND Dept. of Health*